



DOMESTIC VIOLENCE RESOURCES



Last Updated January 2026

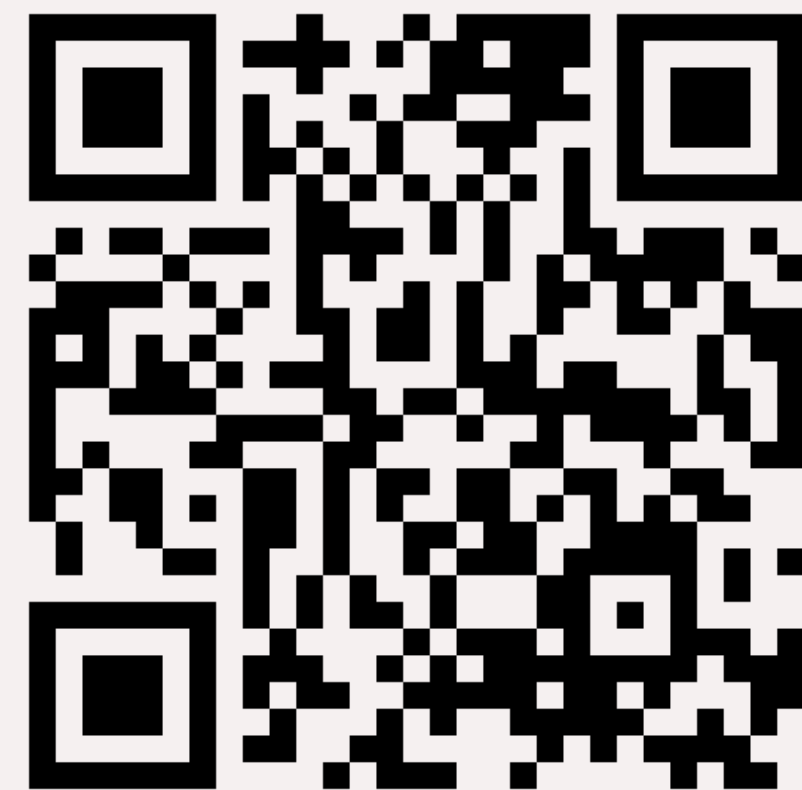
First Step 24-Hour Helpline

24-hour help line is an important service. Trained staff and volunteers answer calls day and night. They help people in crisis, offer support, share information, and help survivors of domestic violence and sexual assault.

Phone: (734) 722-6800

Address: 2727 Second Ave. Suite 304, Detroit

Website: www.firststep-mi.org



YWCA Interim House

The YWCA Interim House helps people in crisis 24 hrs a day. They offer a help line, emergency shelter, counseling, support groups, and help finding other community services.

Phone: (313) 861-5300

Address: 985 E. Jefferson Ave, Detroit

Website: www.ywcadetroit.org/



Michigan's Domestic Violence Hotline

The State of Michigan VOICEDV hotline is open 24 hours a day. People can get help by phone, text, or chat. Trained advocates give support right away and help connect callers to local services.

Phone: (866) 864-2338

Website:

<https://www.michigan.gov/mdhhs/safety-injury-prev>





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Alternatives for Girls (AFG)

AFG helps girls and young women who do not have a safe place to live. They provide shelter, support, and caring help for those who have experienced violence or trafficking.

Phone: (888) 234-3919

Address: 903 W. Grand Blvd, Detroit

Website: <https://alternativesforgirls.org/>



The LA VIDA Partnership

The LA VIDA Partnership helps people who have experienced domestic violence. They offer screenings, short-term counseling, help with court, support groups, and Spanish language support.

Phone: (313) 849-3920

Address: 5635 West Fort Street Detroit, MI 48209

Website: www.chasscenter.org



Detroit Police Victim's Assistance Program (VAP)

VAP helps individuals and families affected by domestic violence and sexual assault. Its 24-hour hotline connects survivors to counseling, support groups, and other help.

Phone: (313) 833-1660

Website:

<https://detroitmi.gov/departments/police-department/victims-assistance>





HUMAN TRAFFICKING & SEXUAL ASSAULT RESOURCES



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Sparrow Freedom Project

Their support program helps people who have been trafficked. Trained advocates connect them to care and basic needs like food, clothing, shelter, and transportation.

Phone: (313) 456-8861

Website: www.sparrowfreedomproject.org



Avalon Healing Center

This program helps people who have survived human trafficking or sexual assault. It offers medical help, counseling, case support, and a crisis hotline. Phone: (313) 964-9701 Address: 601 Bagley St, Detroit Website: www.chasscenter.org



National Human Trafficking Hotline

This service offers a 24-hour hotline and an online list to help find programs and resources for people affected by human trafficking. Phone: (888) 373-7888 Website: www.humantraffickinghotline.org





HUMAN TRAFFICKING & SEXUAL ASSAULT RESOURCES



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SASHA Center

The center welcomes everyone but focuses on the experiences of African American survivors of sexual assault. Free counseling services are available.

Phone: (888) 865-7055

Website: <https://www.sashacenter.org/>



Michigan's Sexual Assault Hotline

This is a private hotline open 24 hours a day. Trained advocates support survivors of sexual assault by phone, text, or online chat.

Phone: (855) 864-2374

Website: <https://www.michigan.gov/voices4/>



HAVEN (Pontiac)

HAVEN helps people in Oakland County who have experienced sexual assault or domestic abuse. It offers shelter, therapy, and education, plus a 24-hour hotline and online chat.

Phone: (248)-334-1284

Address: 801 Vanguard Drive, Pontiac, MI 48341

Website: <https://haven-oakland.org/>





MORE RESOURCES OUTSIDE OF DETROIT



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Turning Point

Turning Point helps people affected by sexual assault, domestic abuse, and human trafficking. They offer a 24-hour helpline, shelter, counseling, and support.

Phone: (586) 463-4430

Address: 36660 S. Gratiot Clinton Twp., MI 48035

Website: <https://turningpointmacomb.org/>



Safe House Center

Services include emergency shelter, legal help, support groups, one-on-one crisis support, and a 24-hour helpline.

Phone: (734) 973-0242

Address: 4100 Clark Rd, Ann Arbor

Website: <https://www.safehousecenter.org/>



Blue Water Safe Horizon

This St. Clair County program helps survivors of domestic violence and sexual assault. They offer referrals, emergency housing, crisis help, support groups, legal help, and a hotline.

Phone: (810) 989-5246

Address: 1840 Grant Port Huron, MI 48060

Website: <https://bluwatersafehorizons.org/>

